



The WHY of Your Goals



Whether we achieve our goals depends on whether we take action. Whether we will attract clients depends on how conscious we are about our motifs. Simply **pick your Top 3 goals**, then **answer the questions below**. Keep writing even if you repeat your answers. The information below will help you feel clear, focused and more motivated to achieve your goals. You will also gain clarity on why you do what you do.

Write Goal No. 1 Here: _____	Write Goal No. 2 Here: _____	Write Goal No. 3 Here: _____
Why do you want this Goal? What does it give you? _____	Why do you want this Goal? What does it give you? _____	Why do you want this Goal? What does it give you? _____
And why do you want that? What does that give you? _____	And why do you want that? What does that give you? _____	And why do you want that? What does that give you? _____
And why do you want that? What does that give you? _____	And why do you want that? What does that give you? _____	And why do you want that? What does that give you? _____
And why do you want that? What does that give you? _____	And why do you want that? What does that give you? _____	And why do you want that? What does that give you? _____
What will this goal help you feel? _____	What will this goal help you feel? _____	What will this goal help you feel? _____